

## **Microchanneling Pre-Treatment Instructions**

1. If you have a history of cold sores, please contact your doctor for anti-viral medication, starting 2 days prior to your treatment, if you would like your lips treated the day of appointment.
2. Discontinue retinol (2% or higher) or tretinoin at least 3 days prior to treatment.
3. For your first treatment, (and treatments at .25mm in general) numbing cream is typically not necessary, and you can expect mild redness and swelling, and a tight, warm sensation between 4- 24 hours.
4. Later treatments with longer needle lengths may require topical numbing cream, and can produce redness and swelling along with tiny flecks of redness between 4-72 hours.
5. If you are being treated for hair loss, please arrive at the office with the shortest haircut possible and clean hair. Please do not apply sprays or gels.
6. If possible, please arrive at the office without makeup on, and with a clean, (and for men a clean shaven) face.
7. If you've had Botox, Fillers or Threads injected you must wait at least two weeks before getting microchanneling. And you must be satisfied with the results before we can offer you any other treatments.

I, \_\_\_\_\_ have followed and understood the above instructions.